



MASTER OF ARTS IN CLINICAL MENTAL HEALTH COUNSELING (M.A.)

Candidates for the Master of Arts (M.A.) degree in Clinical Mental Health Counseling must complete the following core courses (60 semester hours) for this program, which are designed to allow students to meet current CACREP standards as well as educational training and supervised clinical field experience training required for an licensed associate clinical mental health counselor issued by the North Carolina Board of Licensed Clinical Mental Health Counselors. Note: the Board may have additional requirements that are the responsibility of an applicant to fulfill separate and apart from this degree program requirements.

CACREP Core Course Requirements

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| *CEDU 623: Research Design and Methodology in the Counseling Profession | 3 cr |
| *CEDU 624: Counseling Theories and Techniques | 3 cr |
| *CEDU 626: Professional Orientation and Ethics in Counseling | 3 cr |
| *CEDU 641: Life-span Development | 3 cr |
| *CEDU 644: Career Counseling | 3 cr |
| *CEDU 645: Counseling Skills | 3 cr |
| *CEDU 646: Group Counseling | 3 cr |
| *CEDU 685: Multicultural Counseling | <u>3 cr</u> |
| | 24 cr |

CACREP Clinical Mental Health Counseling Course Requirements

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| CEDU 642: Clinical Mental Health Counseling | 3 cr |
| *CEDU 684: Crisis Counseling | 3 cr |
| *CEDU 683: Substance Abuse for Professional Counselors | 3 cr |
| * CEDU 544: Family Therapy | 3 cr |
| *CEDU 639: Diagnosis & Assessment | 3 cr |
| **CEDU 701: Tele-health Practice & Ethics for Professional Counselors | <u>3 cr</u> |
| | 18 cr |

Elective Options (choose any 3 credits required)

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| CEDU 677: Cognitive Behavior Therapy | 3 cr |
| *CEDU 687: Introduction to Clinical Supervision | 3 cr |
| **CEDU 703: Human Sexuality in Counseling | 3 cr |
| **CEDU 705: Spirituality in Counseling | <u>3 cr</u> |
| | 3 cr |

Clinical Mental Health Counseling Clinical Supervised Experience

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| CEDU 690: Practicum in Counseling (100 hours) | 3 cr |
| *CEDU 695: Internship in Counseling 1 (300 hours) | 6 cr |
| *CEDU 696: Internship in Counseling 2 (300 hours) | <u>6 cr</u> |
| | 15 cr |

TOTAL: 60 cr hours

PROGRAM NOTES:

*Existing courses that are suggested to remain unchanged in course prefix, number, and credits AND require a major course change for the specific course curriculum, catalog description, design, and delivery to align student learning outcomes, OR a minor name change.

** New course.

ADDITIONAL PROGRAM REQUIREMENTS

To align with national CACREP standards as well as state licensing requirements for clinical mental health counseling, students in this M.A. degree program will also meet the following programmatic requirements in addition to the course requirements described above. Academic Advising facilitated by a core-faculty member within the Counseling Program will be responsible for gatekeeping and oversight of these additional program requirements.

- Admissions is fulfilled with all required elements included and documented as a part of the application package including a completed interview with at least one core counseling faculty member
- Successful passing score is earned on the CPCE to serve as the comprehensive exam requirement for the master's degree
- All 60-graduate course credits are fulfilled with a final course grade of a B or better
- All other university requirements for graduate students are fulfilled

Successful completion of this degree program fulfills the educational and clinical field experience requirements currently set by the North Carolina Board of Licensed Clinical Mental Health Counselors for the license application of a Licensed Clinical Mental Health Counselor Associate.

Successful completion of this degree program aligns with all educational and training requirements outlined in the 2016 CACREP national accreditation standards.

Successful completion of this program does not guarantee licensure as a clinical mental health counselor in North Carolina as issued by the North Carolina Board of Licensed Clinical Mental Health Counselors.

Successful completion of this program does not guarantee licensure as a clinical mental health counselor in another state in the continental United States.